

## Be LakeSmart Lakes Environmental Association



## Septic Dos

- ✓ Pump your tank on a regular schedule.

  The general recommendation is every 3-5 years, depending on use. Be sure to have your filter cleaned too (if you have one) when you have your system pumped.
- ✓ Have the leach field inspected every five years for older systems or those with trees nearby. Your service provider can scope the system or open up the leach field for inspection.
- ✓ Remove woody vegetation such as tree saplings and shrubs from the leach field annually. Roots will intrude into the leach field, shortening its useful life and compromising effectiveness.
- ✓ Limit the water entering your tank. Excess water is a major cause of system failure.
  - Consider flushing only for solid reasons
  - Use low-flow faucets and shower heads
  - Fix toilets that run to save 25+ gallons per day
  - Space out loads of laundry, aim for one per day
- **✓** Check for indications of septic system failure:
  - Wastewater backing up into household drains
  - Water pooling near the tank or leach field
  - Strong odor around your septic system,
     especially after rain
  - Noticeably greener vegetation and/or wet and spongy vegetation over the leach field, even during dry weather

## Septic Don'ts

- **Don't interfere with your septic tank's natural** bacterial action by putting any of the following down the drain or toilet:
  - No household cleaners
  - No drain cleaners
  - No gasoline or motor oil
  - No pesticides
  - No paint
  - No septic system additive (such as Rid-X)
  - Use bleach sparingly
- **\*** Don't put anything down the drain or toilet which will not readily break down with bacterial action.
  - No diapers
  - No dental floss
  - No medications
  - No menstrual products such as pads or tampons
  - No paper towels or baby wipes (including those advertised as "flushable")
- **Don't use powdered soaps or detergents.** These products contain emulsifiers, which prevent fats from coagulating in the septic tank, and fillers that clog the pipes in the leach field.
- **Don't use a kitchen garbage disposal.** These machines introduce significantly more solids and grease into the tank

For more information about septic system care, visit <a href="https://www.lakes.me/septic">www.lakes.me/septic</a> or <a href="https://www.epa.gov/septic">www.epa.gov/septic</a>

LakeSmart is a program of Maine Lakes run in the Lake Region by the Lakes Environmental Association. For more information, contact LEA at 207-647-8580 or visit <a href="https://www.mainelakes.org/lakesmart">www.mainelakes.org/lakesmart</a>.



Please note: Septic systems vary. Diagram is not to scale.

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